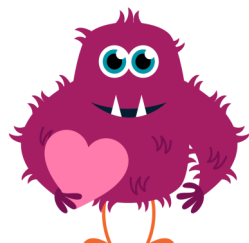


RICHMOND COMMUNITY SCHOOLS

MIDDLE SCHOOL LUNCH MENU — FEBRUARY 2023

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

<p>6</p> <p>Chicken & Waffles French Bread Pizza Corn Dog Salad w/ Meat & Cheese</p> <p>Corn Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Mixed Fruit</p>	<p>7</p> <p>Chili Cheese Fries Bosco Sticks Chicken Patty Sandwich Deli Sub Chicken & Rice Soup</p> <p>Carrot Coins Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Peaches</p>	<p>1</p> <p>Chicken Alfredo over Rotini Rotini w/ Beef Meat Sauce Pizza Crunchers Salad w/ Meat & Cheese</p> <p>Steamed Broccoli Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Pineapple Tidbits</p>	<p>2</p> <p>Lil Caesar Pepperoni Pizza Lil Caesar Cheese Pizza Inside-Out Burger Chicken Sliders Deli Sub</p> <p>Green Beans Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit*</p>	<p>3</p> <p>Soft Beef Taco Pepperoni Calzone Chicken Nuggets Strawberry PB&J</p> <p>Refried Beans with Cheese Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Applesauce</p>
<p>6</p> <p>Chicken & Waffles French Bread Pizza Corn Dog Salad w/ Meat & Cheese</p> <p>Corn Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Mixed Fruit</p>	<p>7</p> <p>Chili Cheese Fries Bosco Sticks Chicken Patty Sandwich Deli Sub Chicken & Rice Soup</p> <p>Carrot Coins Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Peaches</p>	<p>8</p> <p>Mac & Cheese Rotini w/ Beef Meat Sauce Pizza Crunchers Salad w/ Meat & Cheese</p> <p>Steamed Broccoli Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Pineapple Tidbits</p>	<p>9</p> <p>Lil Caesar Pepperoni Pizza Lil Caesar Cheese Pizza Inside-Out Burger Chicken Sliders Deli Sub</p> <p>California Blend Vegetables Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit*</p>	<p>10</p> <p>Nacho Grande Pepperoni Calzone Chicken Nuggets Grape PB&J</p> <p>Refried Beans with Cheese Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Applesauce</p>
<p>13</p> <p>Chicken Drumstick w/ Mashed Potatoes & Gravy French Bread Pizza Corn Dog Salad w/ Meat & Cheese</p> <p>Corn Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Mixed Fruit Frozen Slushie</p>	<p>14</p> <p>Hot Dog w/ Fries Bosco Sticks Chicken Patty Sandwich Deli Sub Beef Vegetable Soup</p> <p>Carrot Coins Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Peaches</p>	<p>15</p> <p>Lasagna Rotini w/ Beef Meat Sauce Pizza Crunchers Salad w/ Meat & Cheese</p> <p>Steamed Broccoli Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Pineapple Tidbits</p>	<p>16</p> <p>Lil Caesar Pepperoni Pizza Lil Caesar Cheese Pizza Inside-Out Burger Chicken Sliders Deli Sub</p> <p>Green Beans Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit*</p>	<p>17</p> <p>No School</p>
<p>20</p> <p>No School</p>	<p>21</p> <p>Breakfast for Lunch Bosco Sticks Chicken Patty Sandwich Deli Sub Chicken & Rice Soup</p> <p>Hash Brown Potato Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit Diced Peaches</p>	<p>22</p> <p>Mozzarella Sticks Rotini w/ Beef Meat Sauce Pizza Crunchers Salad w/ Meat & Cheese</p> <p>Steamed Broccoli Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Pineapple Tidbits</p>	<p>23</p> <p>Lil Caesar Pepperoni Pizza Lil Caesar Cheese Pizza Inside-Out Burger Chicken Sliders Deli Sub</p> <p>California Blend Vegetables Romaine Salad</p>	<p>24</p> <p>Nacho Grande Pepperoni Calzone Chicken Nuggets Grape PB&J</p> <p>Refried Beans with Cheese Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Applesauce</p>
<p>27</p> <p>Popcorn Chicken Bowl French Bread Pizza Corn Dog Salad w/ Meat & Cheese</p> <p>Corn Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Mixed Fruit</p>	<p>28</p> <p>Build-a-Burger w/ Fries Bosco Sticks Chicken Patty Sandwich Deli Sub Beef Vegetable Soup</p> <p>Carrot Coins Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Peaches</p>	<div style="text-align: center;"> </div> <div style="border: 1px solid black; padding: 10px; margin-top: 10px;"> <p>Each meal includes choice of entrée, milk, one cup of vegetable items and 1/2 cup of fruit items. A fruit or vegetable serving is required with every reimbursable meal. Seasonal fresh fruit selections will include apples, oranges, watermelon, cantaloupe, bananas, pears, grapes, pineapple.</p> <p>Milk choices include fat free or 1% unflavored, and fat free chocolate or strawberry flavored.</p> <p style="text-align: center;">*Menu Subject to Change Without Notice*</p> <p>Nutritional information is available on the Food Service web page of the Richmond Community School District Website.</p> <p style="text-align: center;">"USDA is an equal opportunity provider and employer"</p> </div>		